

## **Eucharistic Adoration Guidelines**

**The Blessed Sacrament is NEVER to be left alone under any circumstances.** Do not leave the chapel with no one present except in a very serious emergency and once others have been called.

Please see the process/protocol for "Who To Call" if you realize you will not be able to make your hour or if you are being called away in an emergency and no one else is present.

**Maintain Reverent, Prayerful Silence.** Musical instruments, singing, and vocal prayer (even praying the Rosary out loud while others are present praying silently) are permitted only during designated times.

**Only clergy should go up to the altar.** Do not go up and touch the altar or the monstrance. Please venerate Our Lord from a short distance. During urgent situations only, properly trained laity can repose but not perform Benediction.

**Please do not use cell phones or pagers.** If cell phones or pagers must remain on, please set to silent/vibrate mode.

**Attire and decorum** should be modest and appropriate for solemn occasions as at Mass. No food or drinks.

**Sign in Sheets** are found on the table by the memorial candles. Please sign in and record your arrival time *at the start of your shift*. That way, the person whom you are relieving will know you are present.

**Reading Materials.** It is wonderful to do spiritual reading, either from Sacred Scripture, the Liturgy of the Hours, publications like *Magnificat*, the Catechism, Church documents, or spiritual reading from Catholic authors. We have a small "mini-library" of spiritual reading materials in the chapel. You may take these home but please return them for others to enjoy.

## **Safety and Logistic considerations**

- 40 Hours during Lent and Advent: Between 8pm and 7am, the exterior doors to the church building (including the Mary Chapel doors) will be locked for safety purposes. The gate leading to the main sanctuary will remain open to allow use of the restrooms.
- Adorers should assure that the exterior storefront doors be kept closed and locked at all times after 9pm until unlocked by parish personnel the next morning. Do not prop the door open for the next adorer. It is a simple act of humility and charity in the presence of our Lord to get up and answer the door.
- A 'Subs List' (with phone numbers) sorted by times/days will be placed near the schedule.

## **Safety & Emergency information**

- Scheduling emergency (you are the only adorer present and are being called away): call your Hourly or Divisional Coordinator.
- Late night: from inside the doors, watch the previous adorer get to their car (ok to be in the hallway briefly if you are the only one in the chapel). This is a security "must" when female adorers are leaving.
- Sacramental Emergency: serious issue of an intruder or visitor profaning or threatening the Blessed Sacrament, the altar, etc., any accident affecting the altar/monstrance. In such cases, please contact the designated person who will in turn contact clergy.
- **In extreme emergencies** contact Vallejo Police Department 707-552-3285 or 911

**Inclement weather and unsafe driving conditions:** In extreme circumstances, Eucharistic Adoration will be cancelled.